

Pre- and probiotics

The new hypoallergenic formula refers to the combination of pre- and probiotics (scFOS/lcFOS/B.breve M-16V) and is appropriate for CMPA infants.

Prebiotics are non-digestible food ingredients that beneficially affect the host. By selectively stimulating the growth and/or activity of one or more of a limited number of bacteria in the colon, that can improve the host health. Dietary fibre and non-digestible starches are sources of prebiotics. Prebiotics used as ingredients are usually in the form of carbohydrates, e.g. oligosaccharides as also present in human milk.

Probiotics are live microorganisms which, when administered in adequate amounts, confer a health benefit on the host. The most commonly used probiotics in infant formula are *Lactobacilli* and *Bifidobacteria*.